

SAN FRANCISCO MENTAL HEALTH BOARD



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SUBSTANCE USE DISORDER (SUD) COMMITTEE MEETING

Tuesday, June 26, 2018

1380 Howard Street

Room 226

9:00 AM

AGENDA

1.0 REVIEW OF SUBSTANCE USE COMMITTEE MINUTES

For discussion and action

1.1 Public comment

1.2 PROPOSED RESOLUTION: Be it resolved that the minutes of the Substance Use Committee meeting of May 22, 2018 be approved as submitted.

2.0 IS METHADONE TREATMENT CURRENTLY VIABLE AND BEING DONE PROPERLY?

For discussion and action

2.1 Is Methadone treatment currently viable and being done properly?

Seeking information on the range of dosages of Methadone that people are given, who decides dosages, and what is the process of oversight. For example are people taking any kind of Benzo drugs with it?

2.2 Public comment

3.0 TO IDENTIFY BARRIERS PEOPLE WITH CO-OCCURRING DISORDERS FACE AND THEN CREATE A RESOLUTION BASED ON THEIR FINDINGS

For discussion

3.1 To identify barriers people with co-occurring disorders face and then create a resolution based on their findings

What we know:

- Substance Use Disorder, while considered a distinct and diagnosable condition, is rarely seen in the absence of one or more acute or chronic co-occurring disorders.

- It is generally accepted by behavioral health clinicians that the treatment of SUD in conjunction with its co-occurring disorders is the preferred path to recovery for the majority of consumers.
- The Mental Health Board's observations indicate a potential disconnect between the treatment of SUD and co-occurring disorders in that consumers report being prescribed treatment plans that are either exclusive to or heavily weighted to address only a primary but no ancillary disorder.
- Consumers testify to being denied both outpatient and residential SUD and mental health services based exclusively on their SUD or mental health diagnosis and status.

What we don't know:

- It is unclear how prevalent the problem is and to what extent it affects consumers seeking supportive services in San Francisco.
- We are not aware of a behavioral health standard of care that ensures that consumers' behavioral health needs are comprehensively addressed.

What we want to know:

- In order to formulate a potential actionable set of recommendations, we need to know what the specific criteria are for participation across the range of Behavioral Health Services.
- We need to know what systemic administrative and logistical barriers are in place that preclude consumers from receiving services.
- We'd like to learn what recommendations our service providers may have to mitigate these problems internally.

3.1 Public comment

4.0 DEVELOP SPECIFIC GOALS, ACTION PLAN AND TASK ASSIGNMENTS

4.1 Develop Specific Goals, Action Plan and Task Assignments

For discussion and action

4.2 Public Comment

ADJOURNMENT

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